



**Unified Government Wyandotte County/Kansas City, Kansas
Parks and Recreation**

Youth Volleyball Rules and General Information

Purpose

The Unified Government of Wyandotte County/Kansas City, Kansas Parks and Recreation Youth Sports Programs are non-competitive with the emphasis on basics, fundamentals, and sportsmanship. The idea is to provide knowledge of the game that will stay with them later on in life and to provide youth with encouragement so they will learn how to compete, not to destroy one's confidence to participate in athletics.

All games will be governed by the National Federation High School rules, with exception to where parks and recreation has added or modified the rules.

Rainout Number 913-573-8398

In case of inclement weather, please call our rainout line. The rainout line will be updated as needed to inform teams of changes. If the games are cancelled due to weather once games have begun, we will notify the team's contact person as soon as possible.

Rainout Dates

Rainouts will be played at the end of the schedule in the order of the rainout. If more rainouts occur than rainout dates, schedules will be revised to accommodate and create multiple games on those dates.

Awards

There will be **no** participation awards given.

Practice Times

Team and Player Conduct

Sponsors, coaches, players, parents, and spectators all play an important part in providing wholesome, active recreation for all concerned. Profanity, gestures of poor sportsmanship, and general bad behavior will not be tolerated on or off the court. We have a zero tolerance policy on unsportsmanlike conduct, and will not hesitate to eject any coach, player, or fan that is in violation of this rule. A player or coach will receive one warning, if a 2nd warning is placed upon the same player or coach, they will be suspended for the remainder of the game and must leave the gym immediately, and they could be suspended for the next game at the Recreation Specialist's discretion.

There are laws governing alcoholic beverages in all Unified Government buildings and any person in violation of this law are subject to prosecution.

In accordance with the youth gaining a good sense of good sportsmanship, we expect each coach and player to shake hands at the conclusion of each game. If a player or coach opts not to shake hands or does so in an aggressive manner, they will be penalized the following week and not be allowed to coach or play.

As a coach of the team, you assume responsibility for the conduct of your players, coaches, and fans.

Team Roster and Contracts

All youth teams will be limited to 12 players on each team. The coach must turn in for each player a completed contract and entry fee. The contract must include the signature of his/her parents or legal guardian. A contract is not valid until entry fee is received and receipt number recorded on contract by a parks and recreation representative. **No team will be allowed to play until all players have turned in contracts and entry fees have been paid in full.**

No roster changes will be allowed after the second week of play. Any and all roster changes have to be approved by the Recreation Specialist. In the event of illness or injury a doctor's note must accompany a roster change.

Time Limits

- Game time is forfeit time. No grace periods will be allowed. A forfeit game will only be officiated by the referees if both teams are present and only one half will be played.
- A coin toss will determine first possession, by two captains from each team.
- The clock will be stopped only in case of injury and timeouts.
- Timeouts will be one minute or a shorter duration if requested when both teams are ready to resume play.
- Each team is allowed two timeouts per match.

Game Guidelines

- Any league team shall be composed of six (6) players. However, in the event that only four (4) players are present, those four (4) may start the match.
- A team may not be reduced to less than (4) players for the match, including injuries.
- An incoming substitute must go to the referee stand and be recognized by the referee before entering the game. A substitution may only be made when the ball has been declared dead.
- A substitution can only re-enter the game once, the original substitute upon exiting the game can not re-enter for any other player.
- Teams may rotate players into the game. The coach must notify the referee before the start of the match the position where the player(s) will be leaving and entering the game.
- By using the rotation method of substitution, a player may leave and re-enter the game. The rotation of the player(s) must be continuous. If a player does not remain in his/her place in the rotation, then that player is not eligible to re-enter the game. If a player re-enters out of rotation, the team involved will be penalized with a side-out and if any points have been scored, all points will be taken away.
- Game time is forfeit time.
- A game is complete when a team scores a total of 12 points or has played for 12 minutes, whatever occurs first.
- Servers will be permitted to step over the line.
- Net height is 6'0".
- The referee shall toss the coin for the two team captains. The winner of the toss may choose to make either the first service during the first game or the choice of courts; the loser then takes whatever choice is left. At the beginning of subsequent games, the team losing the previous game shall have first service.

PLAYING THE BALL

- All teams will be required to bump the serve.
- The ball may be hit with any part of the body on or above the waist.
- The ball can contact any number of parts of the body down to and including the waist, providing such contact are simultaneous and that the ball rebounds immediately and cleanly after such contact.
- Players may have successive contacts of the ball during a single attempt to make the first team hit on a ball coming from the opponents even if the ball is blocked, provided there is no finger action used during the effort and the ball is not held or thrown.
- When the ball visibly comes to rest momentarily in the hands or arms of a player, it is considered as having been held. The ball must be hit in such a manner that it rebounds cleanly after contact with a player. Scooping, lifting, pushing or

- carrying the ball shall be considered to be a form of holding. A ball clearly hit with one or both hands from a position below the ball is considered a good play.
- If a player's action causes the player to contact the net during play, whether accidentally or not, with any part of the player's body or uniform, that player shall be charged with a fault. If the ball is driven into the net with such force that it causes the net to contact a player, such contact shall not be considered a fault.
 - Contacting the opponent's playing area with any part of the body, except the feet, is fault. Touching the opponent's area with a foot or feet is not a fault providing that some part of the encroaching foot or feet remain on or above the center line and does not interfere with the play of an opponent.

PROTESTS

Eligibility protests will be ruled on by the Sports Committee. Protests must be made known to the referee prior to the end of the game. Any team guilty of using an ineligible player will forfeit all games in which the ineligible player participates.

TIES/OVERTIME

- Each team will have two (2) 20 second timeouts per game.
- Any game at the end of the time that is tied; will remain tied.

ANY OTHER CIRCUMSTANCES THAT ARISE DURING THE SEASON WILL BE HANDLED BY THE RECREATION SPECIALIST, PROGRAM COORDINATOR, AND DEPUTY DIRECTOR OF RECREATION.

UNIFIED GOVERNMENT PARKS AND RECREATION DOES NOT EXCLUDE ANYONE FROM PARTICIPATION IN, DENY ANYONE THE BENEFITS OF, OR OTHERWISE SUBJECT ANYONE TO DISCRIMINATION BECAUSE OF THE PERSON'S RACE, COLOR, NATIONAL ORIGIN, OR HANDICAP. IF ANYONE BELIEVES HE OR SHE HAS BEEN SUBJECT TO DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN OR HANDICAP, HE OR SHE MAY FILE A COMPLAINT ALLEGING DISCRIMINATION WITH THE PARKS AND RECREATION OFFICE, 5033 STATE AVE., KANSAS CITY, KANSAS 66102; UNIFIED GOVERNMENT HUMAN RELATIONS DEPARTMENT, 5TH FLOOR, MUNICIPAL OFFICE BUILDING, 701 N 7TH STREET, KANSAS CITY, KANSAS 66101; OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240.