

# Guadalupe Senior Center Menu April 2022

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				Battered Pollock Fish Carrots Cabbage/ Kohlabi Coleslaw Wheat Dinner Roll Margarine Tartar Sauce Mandarin Oranges 1% Milk
4	5	6	7	8
Grilled Chicken Breast Sandwich Creamy Coleslaw Corn WG Hamburger Bun Margarine Mustard/Mayo Fancy Pineapple-Orange Salad 1% Milk	Baked Shredded Pork Pico de Gallo Mexican Pinto Beans Mexican Rice Sour Cream White Corn Tortilla Fruit Delight 1 % Milk	Hamburger American Cheese Lettuce, Tomato Pickle, Onion Sweet Potato Fries WG Hamburger Bun Ketchup, Mustard, Mayo Jell-o w/ Pineapple 1% Milk	Chicken Fajitas w/ Peppers & Onion Shredded Lettuce Pico de Gallo W W Flour Tortilla Mexican Rice Sour Cream Watermelon 1% Milk	Tuna Salad Plate Boiled Egg Broccoli Salad Sliced Tomato Lettuce Leaf Wheat Bread Strawberries & Banana 1% Milk
11	12	13	14	15
Baked Chicken Quarter Leg Carrots Sweet Potato Fries Whole Wheat bread Margarine Citrus Mix 1% Milk	Beef Taco Salad Shredded Cheese/ Lettuce & Diced Tomatoes Mexican Pinto Beans White Corn Tortilla Chips Salsa Sour Cream Honey Dew Melon 1% Milk	Pork Cutlet LS Brown Gravy Mashed Potatoes Green Peas Wheat Dinner Roll Margarine Tropical Fruit 1% Milk	Roast Beef Au Jus Roasted Potatoes Spinach Wheat Dinner Roll Margarine Applesauce 1% Milk	<b>Good Friday</b>  <u>Center Closed/</u> <u>No Meal Delivery</u>
18	19	20	21	22
Chicken Strips Broccoli Salad Carrots Wheat Crackers Margarine Honey Mustard Sauce Pineapple chunks 1% Milk	Meatball Grinder w/Shredded Mozzarella Italian Vegetables Tossed Salad w/ Red Cabbage & Tomato Italian Dressing WW Hot Dog Bun Margarine Peaches 1% Milk	Lemon Baked Fish Green Peas Baked Potato Wheat Dinner Roll Margarine Tartar Sauce Sour Cream Red Grapes 1 % Milk	BBQ Chicken Fresh Tomatoes And Cucumbers Broccoli Salad Wheat Bread BBQ Sauce Margarine Citrus Mix 1% Milk	Sloppy Joe Broccoli Home Style Potato Salad WG Hamburger Bun Banana 1% Milk
25	26	27	28	29
Spanish Chicken Mexican Rice Mexican Pinto Beans Carrots White Corn Tortillas Margarine Strawberries w/ Topping 1% Milk	WW Mostaccioli, w/ Beef & Tomato Tossed Salad FF Italian Dressing Italian Vegetables Garlic Bread Margarine Banana 1% Milk	Pot Roast w/ Onions Potatoes & Carrots Pickled Beets Wheat Dinner Roll Margarine Orange 1% Milk	Liver & Onions Green Peas Au Gratin Potatoes Wheat Dinner Roll Margarine Honey Dew Melon 1% Milk	Oven Fried Chicken Chicken Gravy Mashed Potatoes Green Beans Wheat Roll Margarine White Cake w/ Strawberries Vanilla Ice Cream 1% Milk